

STUDI FENOMENOLOGI: PENGALAMAN REMAJA PEREMPUAN YANG MENGALAMI PELECEHAN SEKSUAL VERBAL/*CATCALLING*

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INTISARI

Latar Belakang : Pengalaman pelecehan seksual verbal yang dialami perempuan, memberikan dampak yang tidak baik bagi para korban. Pengalaman yang dirasakan para korban dapat memicu para korban merasa tidak percaya diri, serta adanya perasaan yang tidak nyaman dan takut. Pengalaman yang dialami membuat secara psikologis, fisik, dan sosial menjadi terganggu. Pelecehan seksual verbal dapat berdampak buruk bagi psikologis seperti merasa marah, risih, takut, tidak nyaman, dan merasa tidak dihargai.

Tujuan Penelitian : Mengeksplorasi makna pengalaman remaja perempuan yang mengalami pelecehan seksual verbal.

Metode Penelitian : Penelitian ini menggunakan metode penelitian kualitatif, Penelitian ini menggunakan pendekatan studi fenomenologi. Penelitian ini terdapat 5 (lima) partisipan dan dilakukan aktivitas wawancara, pengamatan, penggalian dokumen. Teknik pemilihan sampel menggunakan Purposive Sampling metode ini menggunakan kriteria yang sudah dipilih peneliti, kriteria pemilihan sampel terbagi menjadi kriteria inklusi dan eksklusi. Kriteria inklusi remaja perempuan usia 17 -24 tahun, tinggal di Banjarmasin tengah kelurahan teluk dalam, pernah mengalami pelecehan seksual verbal. Kriteria eksklusi dalam masa pengobatan/psikiater.

Hasil Penelitian : Hasil penelitian mendapatkan 3 tema yaitu (1) Perasaan saat mengalami pelecehan seksual verbal/*catcalling* (2) Perempuan yang Mengalami pelecehan seksual verbal/*catcalling* dianggap sebagai perempuan mengundang (3) Dampak Emosional terhadap pengalaman pelecehan seksual verbal/*catcalling*.

Kesimpulan : Pengalaman pelecehan seksual verbal/*catcalling* memiliki pengaruh yang tidak baik bagi para partisipan karena adanya perasaan marah, risih, jengkel, jijik, merasa keamanan dan kenyamanan menjadi terganggu. Pengalaman ini dimaknai sebagai pengalaman yang tidak menyenangkan

Kata Kunci : Dampak emosional, Keperawatan Kelompok Khusus, Pelecehan Seksual Verbal, Remaja

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PHENOMENOLOGICAL STUDY: EXPERIENCES OF TEENAGE GIRLS WHO EXPERIENCED VERBAL SEXUAL HARASSMENT/CATCALLING

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ABSTRACT

Background: The experience of verbal sexual harassment experienced by women has a bad impact on the victims. The experiences felt by the victims can trigger the victims to feel insecure, as well as feelings of discomfort and fear. The experiences experienced make psychologically, physically, and socially disturbed. Verbal sexual harassment can have negative psychological effects such as feeling angry, uncomfortable, afraid and feeling unappreciated.

Research Objectives: Explore the experiences of teenage girls who have verbal sexual experiences.

Research Methods: This research uses qualitative research methods. This research uses a phenomenological study approach. There were 5 (five) participants in this study and conducted interviews, observations, and extracting documents. The sample selection technique uses purposive sampling. This method uses criteria that have been selected by the researcher, the sample selection criteria are divided into inclusion and exclusion criteria. Inclusion criteria for adolescent girls aged 17-24 years, living in Banjarmasin, Teluk Dalam, had experienced verbal sexual harassment. Exclusion criteria during treatment/psychiatrist.

Research Results : The results of the study obtained 3 themes, namely (1) Feelings when experiencing verbal sexual harassment/catcalling (2) Women who experience verbal sexual harassment/catcalling are considered inviting (3) Emotional impact on the experience of verbal sexual harassment/catcalling.

Conclusion : The experience of verbal sexual harassment/catcalling had a bad effect on the participants because they felt angry, uncomfortable, irritated, disgusted, felt that their safety and comfort were disturbed. This experience is interpreted as an unpleasant experience.

Keywords: Emotional Impact, Special Group Nursing, Verbal Sexual Harassment, Adolescents

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