**ASUHAN KEPERAWATAN MEDIKAL BEDAH GANGGUAN SISTEM PERNAPASAN, PNEUMONIA DENGAN MASALAH KEPERAWATAN UTAMA POLA NAPAS TIDAK EFEKTIF PADA NY. M DIRUANG PERAWATAN MAWAR UPTD RSUD PURUK CAHU**

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**ABSTRAK**

**Latar Belakang :** Pneumonia adalah infeksi atau peradangan akut di jaringan paru yang disebabkan oleh berbagai mikroorganisme, seperti bakteri, virus, parasit, jamur, polusi udara, kebiasaan merokok. Penyakit ini ditandai dengan demam, batuk disertai nafas cepat dan atau sesak nafas. Berdasarkan data dari Dinas Kesehatan Kab. Murung Raya penderita pneumonia untuk tahun 2023 sebanyak 308 meningkat dari data tahun 2022 sebanyak 235 penderita dan data dari RSUD Puruk Cahu penderita Pneumonia yang mendapatkan perawatan rawat inap sebanyak 125 penderita tahun 2023. Presentase pasien dengan pneumonia cukup banyak, maka dibutuhkan peran perawat dalam memberikan Asuhan Keperawatan secara tepat yang dapat membantu dan mengurangi angka kejadian.

**Tujuan Penelitian :** Melaksanakan Asuhan Keperawatan Medikal Bedah Gangguan Sistem Pernapasan Pneumonia dengan masalah Keperawatan Utama Pola Napas tidak Efektif pada Ny. M di Ruang Perawatan Mawar UPTD RSUD Puruk Cahu. **Metode :** studi kasus dengan memberikan asuhan keperawatan berbasis evidence based practice latihan pernapasan *deep breathing exercise*. **Hasil:** Asuhan Keperawatan Medikal Bedah Gangguan Sistem Pernapasan Pneumonia dengan masalah Keperawatan Utama Pola Napas tidak Efektif teratasi Sebagian. **Kesimpulan:** pemberian asuhan keperawatan yang menyeluruh dan penerapan latihan pernapasan *deep breathing exercise* selama 3 hari terbukti dapat mengurangi sesak dan memberikan rasa nyaman pada pasien pneumonia.

Kata Kunci : Pneumonia, pola napas tidak efektif

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***MEDICAL SURGICAL NURSING CARE RESPIRATORY SYSTEM DISORDERS, PNEUMONIA WITH MAIN NURSING PROBLEMS INEFFECTIVE BREATHING PATTERNS IN Mrs. M IN THE MAWAR CARE ROOM UPTD PURUK CAHU HOSPITAL***

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***ABSTRACT***

***Introduction:*** *Pneumonia is an infection or acute inflammation of the lung tissue caused by various microorganisms, such as bacteria, viruses, parasites, fungi, air pollution, smoking habits. This disease is characterized by fever, cough accompanied by rapid breathing and/or shortness of breath. Based on data from the District Health Service. Murung Raya has 308 pneumonia sufferers in 2023, an increase from 2022 data of 235 sufferers and data from the Puruk Cahu Regional Hospital, 125 sufferers of pneumonia receiving inpatient treatment in 2023. The percentage of patients with pneumonia is quite large, so the role of nurses is needed in providing care. Proper care can help and reduce the number of incidents.*

***Purpose****: Implementing Medical Surgical Nursing Care for Pneumonia Respiratory System Disorders with the Main Nursing Problem Ineffective Breathing Pattern in Mrs. M in the Rose Treatment Room UPTD Puruk Cahu Regional Hospital.* ***Method:*** *case study by providing nursing care based on evidence-based practice, deep breathing exercise.* ***Results:*** *Medical Surgical Nursing Care Respiratory System Disorders Pneumonia with Main Nursing Problem Ineffective Breathing Pattern partially resolved.* ***Conclusion:*** *providing comprehensive nursing care and implementing deep breathing exercises for 3 days has been proven to reduce shortness of breath and provide a feeling of comfort to pneumonia patients.*

***Keywords: Pneumonia, ineffective breathing pattern***

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