

**MEDICAL SURGICAL NURSING CARE
ON Mr. A WITH NURSING DIAGNOSIS OF ACUTE PAIN PRE
AND POST APPENDECTOMY
AT MUARA TEWEH HOSPITAL IN 2024**

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ESSENCE

Background : Appendicitis is a condition where there is inflammation of the appendix caused by parasites such as *E. Histolytica*, and this condition is a common cause of acute abdominal pain that requires surgery. Surgical procedures such as appendectomy can cause treatment problems such as pain. Pain is a sensory sensation that arises as a result of stimulation caused by tissue damage, and pain after surgery is included in the category of acute pain which can hinder the patient's healing process. Pain management can be done through treatment using drugs or non-pharmacological methods. One non-pharmacological approach is Benson relaxation therapy

Objective : Carry out medical surgical nursing care for patients with a nursing diagnosis of acute pain *Pre Op* and *Post Op* appendectomy. **Method :** Carrying out the nursing care process from assessment, determining diagnosis, intervention, implementation and evaluation using interview methods, supporting examinations and patient assessments

Results : The results of the assessment obtained in appendectomy patients were pain. Diagnosis in patients *pre opis* acute pain due to physiological injury (Inflammation) and *inpost opis* acute pain due to post-surgery. The main intervention and implementation involves administering analgesics and providing additional intervention in the form of relaxation using the Benson technique. The evaluation showed that the pain had decreased.

Conclusion : In this appendectomy case, the application of acute pain nursing care by administering ketorolac therapy and Benson relaxation therapy can overcome some of the pain problems.

Keywords: Appendicitis, Acute Pain

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