

**ASUHAN KEPERAWATAN MEDIKAL BEDAH
PADA PENDERITA DIABETES MELITUS TIPE 2
DENGAN DIAGNOSA KEPERAWATAN GANGGUAN
INTEGRITAS KULIT/ JARINGAN DENGAN MENERAPKAN
METODE MOIST WOUND DRESSING
DI RUANG POLI UMUM PUSKESMAS TANJUNG**

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INTI SARI

Latar Belakang : Diabetes Mellitus merupakan penyakit menahun yang akan disandang seumur hidup. Apabila penderita Diabetes Melitus tidak melaksanakan manajemen secara patuh seperti melakukan diet, pengobatan, aktivitas fisik, perawatan kaki serta pengontrolan gula darah dengan rutin maka akan menimbulkan berbagai macam gejala, keluhan dan komplikasi akut maupun kronis seperti Ulkus Diabetikum. Ulkus Diabetikum mempunyai ciri luka terbuka yang terdapat pada permukaan kulit atau selaput lendir disertai kematian jaringan yang luas dan invasi bakteri.

Tujuan : mampu melaksanakan asuhan keperawatan terhadap pasien dengan diagnosa medis Ulkus Diabetikum .

Metode : Metode yang digunakan yaitu pengambilan data primer yang dimana penulis untuk mengumpulkan data secara langsung dengan cara wawancara, observasi, pemeriksaan fisik, rekam medis, meninjau *test diagnostic, drugs study*, dan studi kepustakaan.

Hasil : Selama 3 hari asuhan keperawatan yang diberikan dan berdasarkan kriteria yang penulis susun ada satu diagnosa yang teratasi yaitu defisit pengetahuan dan 4 diagnosa lainnya seperti gangguan integritas kulit/jaringan, resiko infeksi, ketidakstabilan kadar glukosa darah, gangguan mobilitas fisik teratasi sebagian.

Kesimpulan: Dalam pemberian asuhan keperawatan pada pasien dengan Ulkus Diabetikum, penerapan *Evidence Based Nursing moist wound dressing*, terapi senam kaki diabetes, pemberian *Rang Of Motion* (ROM) aktif ekstremitas bawah terbukti dapat membantu masalah yang dialami oleh penderita Ulkus Diabetikum.

Kata Kunci : Diabetes Melitus, Ulkus Diabetikum

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**MEDICAL SURGICAL NURSING CARE
IN PATIENTS WITH TYPE 2 DIABETES MELLITUS
WITH NURSING DIAGNOSIS OF SKIN/TISSUE INTEGRITY DISORDERS
BY APPLYING MOIST WOUND DRESSING METHOD
IN THE GENERAL POLY ROOM OF TANJUNG HEALTH**

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ABSTRACT

Background: *Diabetes Mellitus is a chronic disease that will last a lifetime. If Diabetes Mellitus sufferers do not carry out compliant management such as diet, medication, physical activity, foot care and regular blood sugar control, it will cause various kinds of symptoms, complaints and acute and chronic complications such as diabetic ulcers. Diabetic ulcers are characterized by open wounds on the surface of the skin or mucous membranes accompanied by extensive tissue death and bacterial invasion.*

Purpose: *able to carry out nursing care for patients with a medical diagnosis of diabetic ulcers.*

Methods: *The method used is primary data collection in which the author collects data directly by means of interviews, observation, physical examination, medical records, reviewing diagnostic tests, drug studies, and literature studies. Result:* *During the 3 days of nursing care provided and based on the criteria developed by the author, one diagnosis was resolved, namely knowledge deficit and 4 other diagnoses such as impaired skin/tissue integrity, risk of infection, instability of blood glucose levels, impaired physical mobility were partially resolved.*

Conclusion : *In providing nursing care to patients with diabetic ulcers, the application of Evidence Based Nursing moist wound dressing, diabetic foot exercise therapy, providing active Rang Of Motion (ROM) of the lower extremities has been proven to help the problems experienced by diabetic ulcer sufferers.*

Keywords: *Diabetes Mellitus, Diabetic Ulcers*

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