

**ASUHAN KEPERAWATAN MEDIKAL BEDAH GANGGUAN SISTEM
SYARAF; STROKE NON HEMORAGIK DENGAN DIAGNOSA
KEPERAWATAN UTAMA GANGGUAN MOBILITAS FISIK PADA NY.
R DI BANGSAL MARIA 9 RUMAH SAKIT SUAKA INSAN
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INTISARI

Latar Belakang : Stroke merupakan kehilangan fungsi otak secara tiba-tiba, yang disebabkan oleh gangguan aliran darah ke otak atau stroke iskemik dan pecahnya pembuluh darah ke otak atau stroke hemoragik (Sari et al., 2021).

Tujuan : Proses asuhan keperawatan medikal bedah gangguan sistem syaraf; stroke non hemoragik dengan diagnosa keperawatan utama gangguan mobilitas fisik

Metode : Melakukan asuhan keperawatan medikal bedah gangguan sistem syaraf; stroke non hemoragik dengan diagnosa keperawatan utama gangguan mobilitas fisik

Hasil : Pengkajian yang dilakukan pada Ny. R dengan keluhan tangan kanan tidak bisa digerakan, pola aktivitas makan/minum, mandi, berpakaian/berhias, toileting, berjalan, berpindah dilakukan dengan dibantu oleh orang lain (kategori 2), skala otot ekstremitas kanan atas (skor 2), kiri atas, kanan bawah dan kiri bawah (skor 5) diagnosa keperawatan utama adalah gangguan mobilitas fisik, intervensi yang dilakukan adalah dukungan mobilisasi dan latihan ROM (*Range Of Motion*), implementasi yang dilakukan berdasarkan intervensi adalah dukungan mobilisasi, evaluasi yang dilakukan adalah tingkat keberhasilan dari implementasi

Kesimpulan : Hasil yang ditemukan setelah dilakukan proses asuhan keperawatan yang dilakukan oleh penulis pada Ny. R masalah mobilitas fisik belum teratasi.

Kata Kunci : Mobilitas fisik, ROM (*Range Of Motion*), Stroke Non Hemoragik.

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**MEDICAL SURGICAL NURSING CARE FOR NERVOUS SYSTEM
DISORDERS; NON-HEMORRHAGIC STROKE WITH PRIMARY
NURSING DIAGNOSIS OF PHYSICAL MOBILITY IMPAIRMENT IN NY.
R IN MARIA 9 OF THE HOSPITAL SUAKA INSAN BANJARMASIN 2024**

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ABSTRAK

Background : Stroke is a sudden loss of brain function, caused by disruption of blood flow to the brain or ischemic stroke and rupture of blood vessels to the brain or hemorrhagic stroke (Sari et al., 2021).

Objective : Process of medical surgical nursing care for nervous system disorders; non-hemorrhagic stroke with the main nursing diagnosis of impaired physical mobility

Method : Carry out medical surgical nursing care for nervous system disorders; non-hemorrhagic stroke with the main nursing diagnosis of impaired physical mobility

Results : The study carried out on Mrs. R with complaints that the right hand cannot be moved, the activity pattern of eating/drinking, bathing, dressing/grooming, toileting, walking, moving is done with the help of another person (category 2), muscle scale upper right exxtremity (score 2), upper left, lower right and lower left (score 5).

the main nursing diagnosis taken in cases of non-hemorrhagic stroke in Mrs. R is impaired physical mobility, the intervention carried out is mobilization support and ROM (Range Of Motion) exercises, the implementation carried out based on the intervention is mobilization support, the evaluation carried out is the level of success of the implementation that has been carried out for Mrs. R with a primary nursing diagnosis of physical mobility.

Conclusion : The results were found after the nursing care process carried out by the author for Mrs. R physical mobility problems have not been resolved.

Kata Kunci : Physical Mobility, ROM (*Range Of Motion*), Non-Hemorarragic Stroke

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